



MENU

MONDAY

Mid Morning Snack	Fruit smoothie
Lunch	Pasta in a tomato sauce with hidden vegetables & garlic bread
	Apple crunch with custard, fruit and fromage frais
Tea	Mini pitta bread pockets with various savoury fillings

TUESDAY

Mid Morning Snack	Raisin bran muffin
Lunch	Cottage pie with mashed carrot, Quorn cottage pie with mashed carrot (v)
	Banana ice cream, fruit and fromage frais
Tea	Cheese on toast

WEDNESDAY

Mid Morning Snack	Fresh fruit salad
Lunch	Baked potato with cheese and beans or tuna & sweetcorn
	Sticky toffee pudding, fruit and fromage frais
Tea	Houmous with carrots, cucumber and bread sticks

THURSDAY

Mid Morning Snack	Banana muffin
Lunch	Cream of tomato soup with ham/cheese sandwiches on homebaked bread
	Chocolate brownies and ice cream, fruit and fromage frais
Tea	Seriously gooey garlic bread

FRIDAY

Mid Morning Snack	Fruit smoothie
Lunch	Garlic spaghetti cheese with meatballs
	White chocolate and cranberry cookies, fruit and fromage frais
Tea	Ham, cheese and crackers

Fresh salad bar and homebaked bread available daily
Filtered water is available throughout the day in all nursery rooms
Filtered water and milk are available at all mealtimes
Children will be encouraged to clean their teeth after mealtimes

